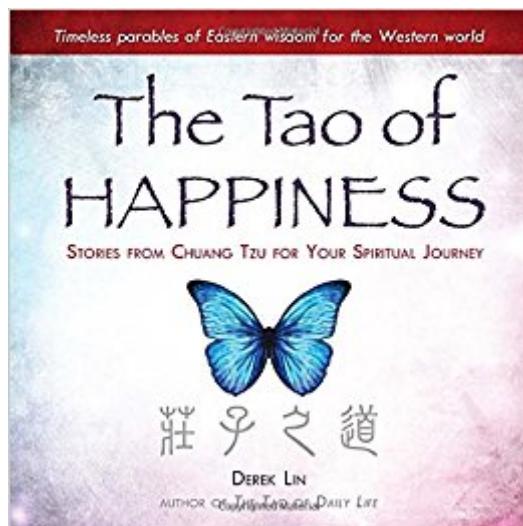


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The Tao Of Happiness: Stories From Chuang Tzu For Your Spiritual Journey



Synopsis

If you have not encountered Chuang Tzu before, prepare yourself for a treat. He was the sage who stood apart from all others in Chinese history. He was a unique presence, a great mind like no one before or since. Chuang Tzu quickly distinguished himself and became well known for his deep understanding and sense of humor. His mastery was such that he could explain the Tao with simple stories, and his humor was such that he could see the joy in ordinary things. He taught his students about a carefree wandering "the path of moving through life with a free and happy heart, regardless of how turbulent the journey might be. It is time for modern readers to join in on the fun. Chuang Tzu's wisdom is not just for Eastern culture, but for all of humanity. We may not have the instability or the clash of massive armies indicative of Chuang Tzu's time, but we have a lot of stress and tension in our modern world. Many of us find ourselves fighting little battles on the personal front just to get through the day. We can benefit greatly from Chuang Tzu's teachings. These parables are presented throughout this book and juxtaposed with the charming and intelligent prose of modern-day Taoist teacher and author Derek Lin. Together, Chuang Tzu and Lin will present you with simple lessons that will have a lasting impact on your life.

Book Information

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Customer Reviews

Just finished reading the Tao of Happiness today. I ordered on my kindle the day it was released. I love the stories in this book. Chuang Tzu was masterful at conveying the way through stories. I also love the writing style of Derek Lin. His interpretations of each story are so clear and helpful. I started

with The Tao of Daily Life, then The Tao of Success, and now The Tao of Happiness. All three of the books I just mentioned have a similar flow. Derek Lin is a brilliant writer and I feel like he is a teacher to all who read his books. I'm thankful to have these books. The Tao of Happiness is a great addition to the Derek Lin collection.

This latest addition to Mr Lin's collection of books on the Tao reflected both Mr Lin's impressive scholarship and elegant prose. I keep each of Mr Lin's books handy for regular meditation, to add a breath of fresh air to unclutter my mind and place me back on the Path. If you haven't experienced the simple yet profound lessons of the Tao, you will find no better guide than Mr Lin, someone uniquely able to capture and express the messages with the talent and the dedication to share the happiness of the Tao. ~ ç æ"

This is another great addition to the books written by Derek Lin. I just bought it and have gone through the first few chapters, and love the way it's organized and it's clear and concise approach. Derek's insight, as always in his other books and discussions, is quite invaluable and his explanations always seem to stir deep thought and self-reflection. This book is wonderful and does the same.

The Tao of Happiness by Derek Lin is a must read. Stories are such a great way to convey spiritual truth and Derek once again has proven himself to be a master story teller. These stories have really helped me with my spiritual growth. Derek's commentaries on the stories are wonderful. He expresses the meaning of each story so skillfully that even a person who is new to the Tao can easily understand.

This is a wonderful book with stories that are very relatable to our modern life. One can reflect upon one's own experiences and see how the Tao is at work all around them. When one's own awareness has shifted, then you can see how you can re-align yourself to be in better harmony with those around you, with the obstacles you are faced with, and be in harmony with yourself. Mr. Lin brings forth much in depth-insight with these stories. You will be entertained and truly amazed!

Elegantly simple, deeply insightful. A celebration of contemporary spirituality and a concise roadmap for life's travels. A complimentary addition and supplement to Derek Lin's previous books.

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